

## INFORMATION PACKET

**Fellow Teotihuacano,**

Thank you for joining Ce Ann and Joy for their Teotihuacán 2018 Tour.

We ask that you carefully read the following information to ensure that your experience is as spiritually comfortable and rewarding as possible.

**Here are some scheduled events to expand Your Consciousness with some added surprises.**

Ce Ann and Joy will lead you through a series of many journeys, channelings, Meditations, as well as teaching you about connection.

Be ready for channeling, ceremony, and workshops at the Sacred Sites as well as the wonderful teaching rooms at The Dreaming House.

You will be touring the Sacred Site of Teotihuacan for 4 days. You will spend a day at other Sacred Sites which is known for many vortices to connect with other realms.

Visiting the pyramids will allow you to take a step back in time. You will experience what The Ancient Ones version of spirituality was, as you connect to the ancient Teotihuacano energy. Be willing to explore the esoteric levels that exist at these sacred sites as well as within your own being.

There will also be a chance to gaze up at the night time navigation system and glimpse into something bigger than what we perceive ourselves to be. There is no telling what we may see flying around up there.

This journey is one of inner and outer exploration, to uncover what lies beyond the limits we set for ourselves and enjoy shedding some layers.

Meditation and Stretching classes will be offered throughout this 7 day journey by Joy and Ce Ann. This will assist you with integrating the frequencies of this sacred site into your energy field.

For those of you who are nature lovers, there will be a chance to go on a guided Shamanic Journey to a Sacred Cave where integrating with the Mother Earth is a must... Perhaps an ancient artifact will cross your path and you can take it home as a keepsake.

### **Items to Pack**

## INFORMATION PACKET

**We strongly recommend that you pack the following:**

### **Mandatory Items:**

- You must have a valid Passport (good for six months after your entry into Mexico)
- Sturdy walking shoes suitable for climbing pyramids and daily excursions
- Money for extra food, shopping, and personal expenses while at the pyramids
- Daily meals and bottled water, tea, and coffee are provided
- Water bottle suitable for carrying during the day or you keep your plastic bottle that is provided in your room at the Dreaming House to carry with you
- Any medication that is prescribed or any over the counter medicine you use on a regular basis
- Raingear/poncho/umbrella - as you could still get rainstorms in late Sept.

### **Suggested Items:**

- Personal toiletries (shampoo, conditioner, deodorant etc.)
- Backpack/fanny pack
- Portable snacks (Joy- I pack small protein bars and nuts for these journeys since I personally experience low blood sugar drops occasionally.) Sodas and snacks are available at the pyramids.
- Sunglasses, hat, rain poncho
- Warmer clothing for early mornings and late evenings
- Extra socks
- Casual, comfortable clothes which allow you to walk, and sit in the pyramid grounds
- Band-Aids, any travelers' remedies
- Sunscreen due to high altitude and being closer to the sun (This is important you will sunburn even though it may be cool or cloudy so be prepared)
- Journal and pen/pencil
- Beach towel for sitting at the pyramids
- Rag for wiping shoes off from dust at pyramids
- Alarm Clock
- Personal Pillow (Pillows are provided) this is just for your personal comfort

At the Dreaming House they are wonderful art pieces for sale you will definitely want to take a treasure home at these prices... So make sure you bring spending money cash only no credit cards accepted.

### **Airport and Flight Information**

## INFORMATION PACKET

***We recommend that you do not book your flight until 57 days out. However if you see a good price grab it. Flights are between 275 – 450 based on the past journey experiences.***

**You must arrive by 2:00PM on Sunday.**

**Your return flight must leave after 2PM on Saturday**

**Send your flight information to us as soon as it is booked.**

**Flight Number, Airline, Date, Arrival Time and Terminal #**

**Also send your cell number and if you have texting capabilities.**

**Transportation will pick you up from Terminal 1.**

### **Arriving in Terminal 1**

Upon your arrival in Mexico City Benito Juarez International airport you will go through customs. Once you exit customs meet up with the group and transportation you must proceed to the **Wings Bar/Restaurant formerly known as the Corona Bar**. Look to your left and you will see **Wings Bar/Restaurant in Sala E-3 (Gate E-3)** Meet the group outside of Wings. Only go with the group do not leave with anyone else. The Driver will be holding a sign that says The Dreaming House or Joy and Ce Ann.

**Arriving in Terminal 2** - Please note Delta and Aero México arrives in Terminal 2.

Upon exiting customs in Terminal 2, go up a level to the upper level of the terminal and follow signs (internationally understandable) to the interterminal train. You may be asked for your boarding pass to get on the train. Take train to Terminal 1 International Wing. When you get off train, go down a level to the lower level of terminal and find Sala E-3 in the long alphabetically marked concourse. meet up with group outside customs exit in International Arrivals in Sala (Gate) E-3 in front of Wings, formerly known as Corona Bar.

Once everyone has gathered and been accounted for you will have the opportunity to exchange your currency for pesos there at the airport. We suggest that you make the exchange at the airport since the exchange rate is most comparable here. When you change your money, cash or travelers checks, it is best to ask for some small denominations if possible (20, 50 peso notes). The shop/restaurant owners in Teotihuacan often cannot change large bills. If you cannot get this don't worry just let Ce Ann and myself know and we will work with The Dreaming House to get you change.

There are no local banks at Teotihuacan. There are banks in San Juan so in a pinch if you need more money you can take a taxi to the ATM or Bank the exchange rate will be better at the airport.

You will depart the airport in a group and travel by private transportation to the Dreaming House. Once you arrive at the Dreaming House you will be given a room

## INFORMATION PACKET

assignment with your designated roommate. After you have settled into your room we will meet for early dinner followed by an early evening orientation with Ce Ann and Joy.

We will provide you with the itinerary for the trip as necessary. It is helpful to remember life is in constant motion so things change, magic appears and plans do shift. Please help everyone by listening to the information provided and joining with us at the agreed upon times.

If you miss a flight or your plane is delayed due to weather or other conditions, please contact **Joy (214) 718-9941 or Ce Ann (928)202-3734** with your new plans.

If something happens that prevents your meeting the group, you need to notify **Joy (214) 718-9941 or Ce Ann (928)202-3734** so that additional arrangements can be made to pick you up at your own expense. Here is the **Dreaming House phone number: (+52) 594-956-3969 and address: Calle Libertad No.15, San Sebastian Xolalpa, Estado de Mexico.**

If you are dialing from the U.S. dial 011 52 (594) 956-3969, and if you are dialing from within Mexico (i.e. at the airport or stuck in baggage claim or something like that) then dial 01 (594) 956-3969.

If we know you have travel plans different from the group, and you give us advance notice, we can send a driver to the airport for you. The rate you will pay is approx. \$70, which is less than the normal cost of transportation from Mexico City.

### **Phone Service -**

There are pay phones available in the village or you can purchase calling cards. Skype, which is free, is another option or you can check in with your cell phone carrier and see what international calling plans they offer. The Dreaming House does offer free LIMITED WIFI. We also suggest you to do some research with your cell phone carrier as to the charges that will apply to data roaming. You will want to know how to turn on & off your data roaming feature so that extra/additional charges do not apply. Reception is spotty so don't expect clear reception at all times. Data Roaming can be very expensive so make sure this is turned off when your plane lands.

**Additional Charges: These are estimates in order to help you plan your trip accordingly.**

## INFORMATION PACKET

- Laundry Approx. \$5 for a small load
- Taxi to and from Airport (\$65 to \$70) Normal Hours (750 Pesos) – unusually early am or unusually late pm (900 to 1000 MXN Pesos)
- Additional Nights at the Dreaming House for those who may want to come in a day early \$65 per night (800 MXN Pesos)
- Breakfast \$10 - Dinner \$12 - Late Light Supper \$10 Breakfast - \$100 MXN pesos, Comida (Main meal of the day) - \$150 MXN pesos, and Cena (Light evening supper) - \$100 MXN pesos.
- There is amazing pieces of Artwork at the Dreaming House for Purchase

### **Special Dietary Requirements:**

The food is good, flavorful and varied but not geared toward “special diets”. If you have a particular dietary requirement it is wise to bring the items from home to supplement what is available. It is custom to leave a gratuity at the end of your stay, Joy and Ce Ann has included this into the cost of your Journey so this has already been taken care of for you.

\*For those of you who are vegetarian there are vegetarian meals available. Just let us know special diets in the week before you arrive - vegetarian, vegan, gluten free, dairy free, food allergies, etc., it is wise to bring your supplements, especially for gluten-free (pancake mix, snacks, cookies, etc.) as there aren't alternatives available beyond corn products. You can call the Dreaming House to discuss dietary needs.

We'd like to thank you again for joining us for an experience of a lifetime. Now just sit back, relax, and enjoy your magical journey.

Blessings!

Ce Ann & Joy